

Monthly Premium Rates

Provider	Coverage Option	CY 2025	CY 2026	%Change
Blue Cross (PPO)	Single	\$1,509.21	\$1,639.48	8.6%
	Couple	\$3,037.99	\$3,300.20	8.6%
	Family	\$4,074.79	\$4,426.49	8.6%
Blue Cross (HMO)	Single	\$976.46	\$1,005.76	3.0%
	Couple	\$2,050.55	\$2,112.07	3.0%
	Family	\$2,929.12	\$3,017.00	3.0%
Kaiser (HMO)	Single	\$837.07	\$969.71	15.8%
	Couple	\$1,674.14	\$1,939.42	15.8%
	Family	\$2,368.91	\$2,744.28	15.8%
Delta Dental (PPO)	Single	\$65.46	\$65.46	0.0%
	Couple	\$113.76	\$113.76	0.0%
	Family	\$170.94	\$170.94	0.0%
DeltaCare (DHMO)	Single	\$20.21	\$20.21	0.0%
	Couple	\$36.71	\$36.71	0.0%
	Family	\$54.32	\$54.32	0.0%
Dental Health Services (DHMO)	Single	\$19.56	\$20.15	3.0%
	Couple	\$37.93	\$39.05	3.0%
	Family	\$57.18	\$58.90	3.0%
Vision Service Plan	Single	\$11.25	\$11.25	0.0%
	Couple	\$16.27	\$16.27	0.0%
	Family	\$29.15	\$29.15	0.0%
Voluntary Waiver of Coverage:*				
	Medical	\$294.00		
	Dental	\$42.00		
* Waiver of Medical coverage requires proof of alternative coverage.				

Monthly Employee Contributions

Provider	Coverage Option	NC & AFSCME Employee Contribution (Current)	NC & AFSCME Employee Contribution (Proposed) Effective 1/1/26	Change
Blue Cross (PPO)	Single	\$150.00	\$164.00	\$14.00
	Couple	\$303.00	\$330.00	\$27.00
	Family	\$407.00	\$443.00	\$36.00
Blue Cross (HMO)	Single	\$97.00	\$101.00	\$4.00
	Couple	\$205.00	\$211.00	\$6.00
	Family	\$292.00	\$302.00	\$10.00
Kaiser (HMO)	Single	\$83.00	\$97.00	\$14.00
	Couple	\$167.00	\$194.00	\$27.00
	Family	\$236.00	\$274.00	\$38.00
Delta Dental (PPO)	Single	\$7.00	\$7.00	\$0.00
	Couple	\$11.00	\$11.00	\$0.00
	Family	\$17.00	\$17.00	\$0.00
DeltaCare (DHMO)	Single	\$2.00	\$2.00	\$0.00
	Couple	\$4.00	\$4.00	\$0.00
	Family	\$5.00	\$5.00	\$0.00
Dental Health Services (DHMO)	Single	\$2.00	\$2.00	\$0.00
	Couple	\$3.00	\$4.00	\$1.00
	Family	\$5.00	\$6.00	\$1.00
Vision Service Plan	Single	\$1.00	\$1.00	\$0.00
	Couple	\$2.00	\$2.00	\$0.00
	Family	\$3.00	\$3.00	\$0.00

Non-Contract and AFSCME Employees contribute 10% (rounded to whole dollar) towards their individually selected plan's medical and dental premiums